UK Emissions from Novel Sources: Inhalable microplastics: a new cause for concern?

Professor Frank Kelly Environmental Research Group King's College London

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Plastic in **our** environment

Synthetic textiles...clothes, furniture, carpets Synthetic rubber...tires, shoes Thermoplastic paints Construction/buildings





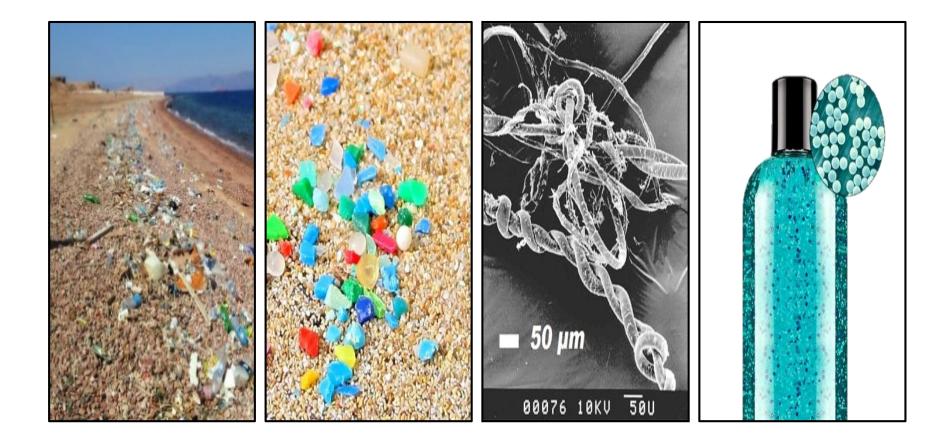
Plastic is really useful



Until we see it like this.....



Plastic debris is a rapidly emerging environmental issue



How long til they're gone? Estimated time taken to biodegrade 600 600 years 500 450 450 400 years years 300 200 years 200 100 50 years 0 Stryrofoam Aluminium Nappy Plastic Fishing bottle cup can line

Exact time will vary by product type and environmental conditions



What is the evidence that microplastics is a human health issue?



PLASTIC FIBERS IN TAP WATER, 2017

orb. one world. one story.

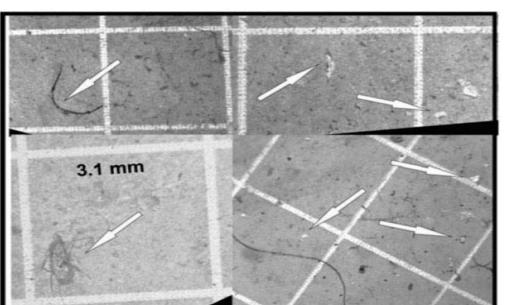
PREVALENCE OF MICROSCOPIC PLASTIC FIBERS BY SAMPLE SOURCE LOCATION

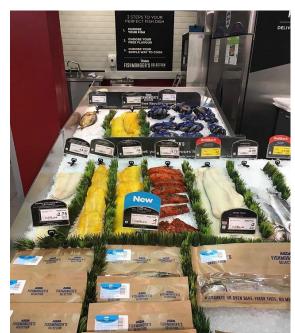


Microplastics contamination of botted water

	The chart shows the range of particles per liter of bottled water by brand.	average across all brands	
\qua			4,713
Aquafina			1,295
Bisleri			5,230
Dasani			335
Epura			2,267
Evian			256
Gerolsteiner			5,160
Minalba			863
Vestle			
Pure Life			10,390
San			
Pellegrino			74
Wahaha			731

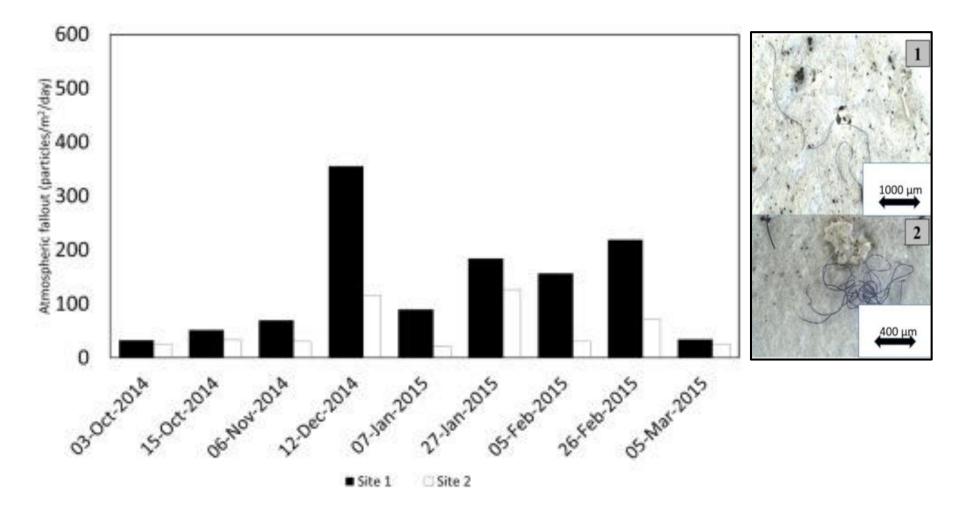
Synthetic particles in German beer





Supermarket fish all had microplastic contamination

Could microplastics be in the air ?



Dris et al., Society of Environmental Toxicology and Chemistry, 2016

The potential for microplastics to impact human health

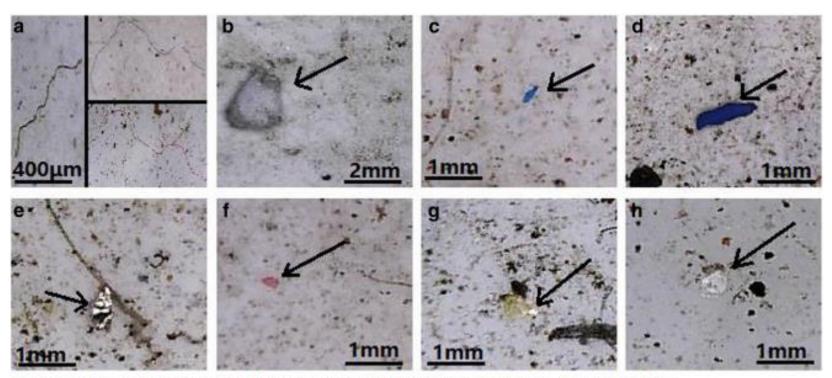


Fig. 2 Optical microscope images of selected polymers. a Colored fibers; b PS foam; c-d PP fragments; and e-h PE films

Wright and Kelly, *Environmental Science and Technology* 2017 Wright and Kelly, *BMJ*, 2017 Gasperi, et al, *Current Opinion in Environmental Science & Health,* 2017 Cai et al., 2017

MRC-PHE Centre for Environment & Health



The heath impact of traffic related particles is well understood



Are inhalable microplastics affecting our health ?



Occupational exposure

- Flock (nylon) worker's lung (Kern et al. 1998, 2000, 2003)
 - Cough; chest pain; infection in the airway; tissue inflammation
 - 'Health hazard exists from occupational exposures to flock– associated dust' (National Institute for Occupational Safety and Health)
- Other synthetic textiles (plastic microfibres) (*Pimentel et al., 1975*)
 - Inflammation around acrylic/polyester/nylon dust; respiratory irritation.

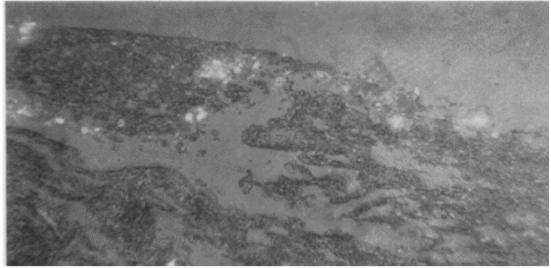


FIG. 10. Case 5. (a) View of a zone of pulmonary lesions. Birefringent inclusions nylon (polarized light) (H and $E \times 15$). (b) Same area as in (a) after addition of m-cress



What we would like to understand

• Are inhalable microplastic's present in the air ?

• If so, what are the dominate types ?

• At what concentration's are they present ?

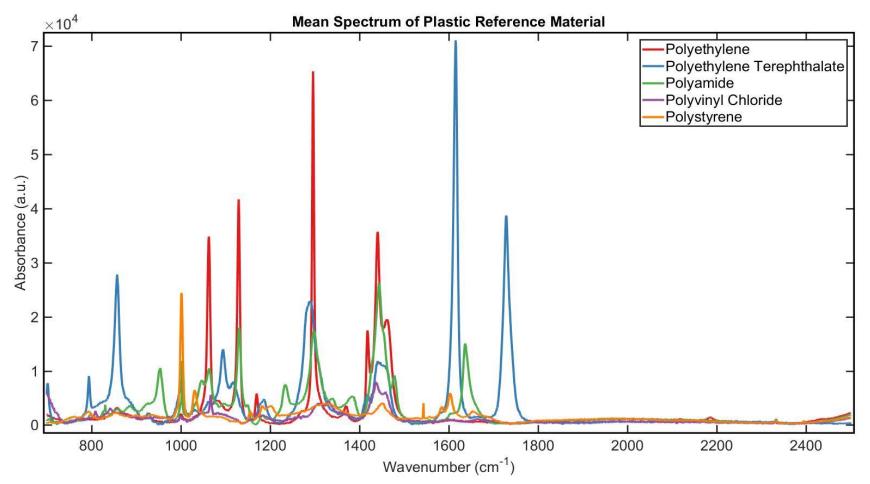
How do these concentrations vary by location ?

What we would like to understand (II)

- Is microplastic toxicity influenced by the type, or age of the plastic ?
- If so, what are the most toxic combinations ?
- Are microplastic particles present in human samples – nasal lavage, induced sputum, etc ?
- How does exposure to microplastic particles influence their presence bioaccumulation ?



Summary of Reference Plastic Spectra



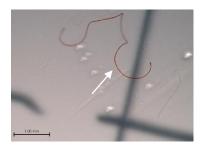
Centre for Environment of realth





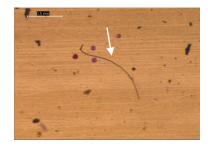
Suspicious Fibres and Particles

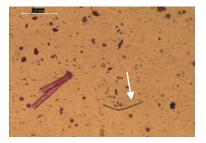
Domestic Vacuum Cleaner



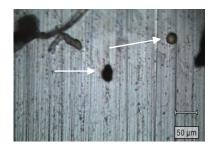


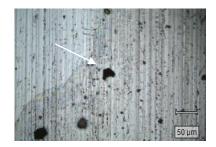
Volumetric Spore Trap Detector





Multi-Vial Cyclone Sampler





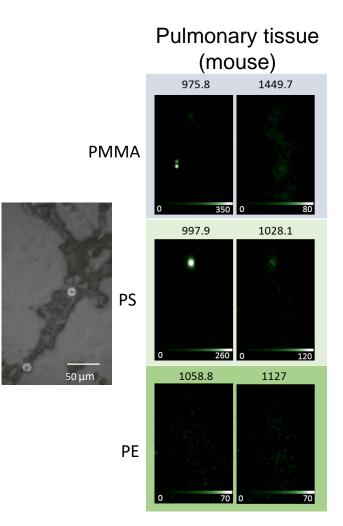
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Developing methods for sampling and detection of microplastics in complex samples



Particulate matter 975.8 1449.7 0 380 0 75 997.9 1028.1 PS 0 0 500 100 1058.8 1127 PE 95 0 120



Wright et al., Environmental Science & Technology2019

Microplastic Toxicity?

- Unreacted monomers, additives, dyes and pigments
 - MPs ingested via mussels contribute est. 3.4 x 10⁻⁵ g BPA/person/y (Rist et al., 2018)
 - \uparrow brominated flame retardants in household dust (210 mg g⁻¹) due to abrasion of particles/fibres from treated items (*Rauert et al., 2014*)
 - Est. contribute up to 15% exposure (Li et al., 2014)
 - Thyroid homeostasis/cognition (Howe et al., 2018)
- Sorbed HOCs/metals...particles?





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Contact King's

Frank J. Kelly Professor of Environmental Health frank.kelly@kcl.ac.uk

